

BOOK REVIEW: *Sex If You're Scared of the Truth Don't Read This!* By Carl Sommer



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The Challenge

This book is about sex, and I warn you, I'll be challenging you and speaking bluntly. I'll say things that are ugly and scary. So if you don't want to know the truth—DON'T READ THIS BOOK!

Youth are being constantly bombarded with stimulating sexual content on television, billboards, and the Internet, as well as in magazines, books, movies, video games, and music. Sexy teenage pop stars with their provocative clothing dance suggestively and sing lyrics that are sometimes violent. The promoters of these shows want kids to model these stars. The results? Millions of kids are imitating them without realizing the disastrous pitfalls that await them.

Multitudes of these sexually active young people are being infected each year with sexually transmitted diseases (STDs). Not only will these young people suffer from their initial infections, but many will suffer a lifetime of both physical and emotional difficulties. Will you become one of them?

If you're sexually active, there's an excellent chance you will get an STD. These diseases are not just humiliating and painful; they can also lead to infertility, cancer, and even death. In contrast, there are millions of youth who will never encounter these problems because they, and the person they will one day marry, made abstinence until marriage their choice. Unfortunately, many have abandoned their beliefs due

to the false message of "safe" sex. What we need today is a new generation of youth who will challenge the teachings of "safe" sex and unashamedly declare their support for a lifestyle guaranteeing them a bright future.

This book is to help youth have a successful future. Some will listen; others will only listen after being hit on the head with a sledge hammer. My aim is to help youth avoid being clobbered. There needs to be an awareness of the many dangers of premarital sex and the tremendous benefits of abstinence until marriage. Let me say this loud and clear:

**Abstinence Doesn't Mean Never Having Sex.
It Means Saving Sex For Marriage.**

You'll be reading stories and getting facts. But I warn you, some facts will be repulsive. "You're not scaring me!" you may say. "I'm living for maximum fun now!"

I'd answer, "Be foolish. Stuff cotton in your ears. Reject the truth and have your fun now. But remember, there's always tomorrow."

"Who cares about the future?"

"If you don't care about your future, then don't complain when your body is racked with pain and you suffer the rest of your life for your foolish decision to 'live for the now.'"

**This Book Is for Intelligent Youth,
Not for Dummies**

This book is for intelligent youth, not for dummies. Some of you fell into the trap of today's foolish culture and engaged in

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The Challenge

premarital sex. You've been hoodwinked and burnt; you know it's wrong. You want to change. The good news is there's hope for you. Later we'll discuss this issue in "Renewed Purity."

Many teens have the "It can't happen to me" mentality concerning getting STDs. I've got bad news: It's happening, and at an alarming rate. Dr. Ray Bohlin, in "The Epidemic of Sexually Transmitted Diseases," stated: "Prior to 1960, there were only two significant sexually transmitted diseases: syphilis and gonorrhea. Both were easily treatable with antibiotics."¹

But today The Associated Press reports that 1 in 4 teen girls has an STD, and "among those who admitted having sex, the rate was even more disturbing—40 percent had an STD."² What happened? Today our society is unconcerned about premarital sex; its primary concern is about the number of unwed pregnancies. Our society has falsely propagated that casual sex is okay as long as protections are used. This false message has caused STDs to flourish and brought untold tragedies to millions of teenagers and young adults. It's time to tell youth the truth.

I've written many award-winning children's books that teach children principles for successful living. Many children who read these books are today's youth. Their sex hormones are active, and if they make wrong decisions, their entire lives could be ruined.

I'm writing this book to counter the disastrous teachings about permissive sex in today's culture. I urge you to carefully consider your future. Remember, you won't remain a teenager forever. Don't think you can live any way you want without consequences. That's a fool's dream. Be

intelligent. Think! The life you live now can lead to a bright or to a disastrous future. Don't endanger that future because of some dumb sexual decision you made in your youth. The aim of this book is to challenge and help you to live a happy and successful life.

Misconceptions, Myths, and Plain Lies About Sex

There are many misconceptions, myths, and plain lies about sex. The media distorts sex by portraying that as long as people are using protection and having fun, sex outside of marriage is normal and okay. Today premarital sex is also called recreational sex.

Many in our culture think youth are like animals, unable to control their passions. People ridicule abstinence until marriage as old-fashioned, unrealistic, unnatural, and unhealthy. They claim kids will be kids, and they'll have sex. So provide them with mountains of information on how to have "safe" sex. Follow these lies of our sex-saturated society, and you'll likely reap a lifetime of misery.

Today's Youth Aren't Animals

Today's young people aren't animals; they can control their passions. Over 50% of high school students claim they have never had sex. However, when these same high school students enter college, they face tremendous pressure to engage in casual sex. The media also increases this pressure by its unrealistic portrayal of sex and relationships. Today's youth are seldom shown the serious and fatal consequences of the sexual liberation movement. They've been hoodwinked.

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BOOK REVIEW: *Sex If You're Scared of the Truth Don't Read This!* By Carl Sommer

A power-packed book dealing with issues youth will face. Carl Sommer exposes the many dangers of casual sex and the many benefits of abstinence from sex until marriage. Sommer uses straight talk to challenge today's youth to examine this important topic that has the potential of destroying their lives. ...

PROFANITY COUNT approximate (and other sensitive words)

No profanity

Sensitive topics best used by parents or other adult with students vs. alone

RED FLAGS

No red flags other than this book should be given with parental consent or in a specific setting when students are studying this topic. This would be a good title to share with parents who would like written information to share with their children.

CONCLUSION

Not appropriate literary content for K-6 schools. No appropriate without parental consent 9th-12th schools or could be part of a Health class/Sex Education.